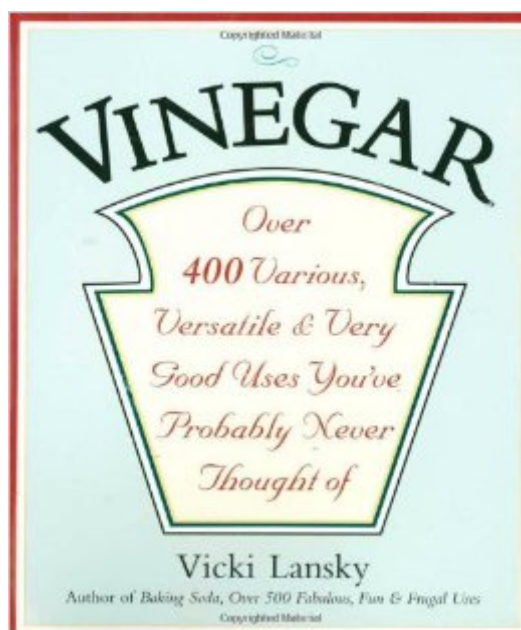


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# Vinegar: Over 400 Various, Versatile, And Very Good Uses You've Probably Never Thought Of



## Synopsis

This collection of useful recipes, cleaning concepts and tips is full of ideas that have worked for others and will work for you. Whimsical line drawings by illustrator, Martha Campbell add a humorous touch to this wonderful addition of a home reference bookshelf filled with books by Vicki Lansky. A bit of history about, wonderful recipes for, and a lot of amazing uses for "VINEGAR are in this 7" x 6" trade paperback. One hundred and twenty pages fill this fun and practical compendium. In ten different chapters, ranging from cooking to cleaning to hygiene and home remedies, you'll find that vinegar also works as a diet aid, stain remover, condiment, odor eater, grooming aid, preservative and cleaner.

## Book Information

Paperback: 96 pages

Publisher: The Book Peddlers; 1st edition (2004)

Language: English

ISBN-10: 0916773531

ISBN-13: 978-0916773533

Product Dimensions: 6.1 x 0.3 x 7.4 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (120 customer reviews)

Best Sellers Rank: #74,664 in Books (See Top 100 in Books) #104 in [Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating](#) #156 in [Books > Science & Math > Agricultural Sciences > Food Science](#) #2054 in [Books > Engineering & Transportation > Engineering](#)

## Customer Reviews

In *Vinegar*, Vicki Lansky (a contributing editor to "Family Circle" magazine) provides homemakers with a complete and comprehensive household reference to the uses of vinegar as a home remedy, diet aid, stain remover, condiment, odor eater, grooming aid, preservative, cleaner, recipe ingredient, and more. Lansky reveals the history of this versatile kitchen ingredient along with such invaluable advice as to how to make basic vinegar, how long it can be safely stored, and how to make flavored vinegars. There is even information about vinegar museums and science tricks involving vinegar and suitable for kids to perform. *Vinegar* is a welcome and enthusiastically recommended addition to family and community library reference collections.

A book filled with so many useful tips in such an easy reading style easily earns five stars. "Vinegar: over 400 various, versatile, and very good uses you've probably never thought of"-- The title alone tells you just how much you are missing without this book. Home remedy, diet aid, stain remover, condiment, odor eater, grooming aid, preservative, cleaner, recipe ingredient--that's our vinegar!

Home Remedy: To relieve poison ivy itching, pat on a mixture of cider vinegar and water and let dry. (I wish I had known this two weeks ago when the last of four (4!!) different episodes of poison ivy rashes were finally disappearing. I've been clearing out different areas of my yard with heavy poison ivy growth. I had poison ivy rashes three months, almost non-stop!)

Grooming aid: To an unfinished bottle of water add a little vinegar and use for a hair rinse; to get rid of hair lice and dandruff, rinse with white vinegar and water.

Preservative: Use vinegar for making pickles (which I do every summer). The acid kills bacteria. Using white or cider vinegar determines taste outcome. There's a recipe for making pickled eggs.

Recipe ingredient: How about Vinegar Pie? (It's really a custard pie!) If you're out of wine, use a flavored vinegar in making Coq au Vin. If you add too much salt to a recipe, cut the salty taste with a spoonful of vinegar and sugar (this idea is going to my sister-in-law, heavy-handed with a salt shaker!).

Cleaner: Clean out your drain and garbage disposal with a special combination of baking soda and vinegar. Spray vinegar (use an old empty sprayer or find one in the travel section of your pharmacy) full strength on a cutting board at night and don't rinse. To clean the interior of a microwave, boil a 1/2 cup of vinegar and 1/2 cup water so the inside steams. Wipe interior clean.

Stain remover: Attack spaghetti, barbecue or ketchup stains first with a vinegar and water solution. Remove grass stains with water, white vinegar, and liquid soap.

Handy Dandy Help: Water acid-loving plants like azaleas, rhododendrons, hydrangeas, and gardenias with a vinegar solution now and then. \*\*Kill weeds and grass growing in unwanted places by pouring full strength white vinegar on them. (Can't wait to try this on grass in sidewalk cracks!) When you paint an interior room, place full bowls of vinegar in the room to absorb the paint odor! Wipe out a dog's ears with undiluted vinegar on a soft cloth to prevent scratching. There are three vinegar museums in the world--one in the United States (South Dakota), China, and Japan. Each is quite popular. There you have it! A sampling of the many uses of vinegar. As I read the book, I marked the ideas I want to use to prevent having to reread to find them. Ready to spray or pour!

If you want to go green this is a way to start. Vinegar does an amazing number of things to keep your house and yourself in top shape. And best of all it does not leave a lingering smell as other cleaners do. Try it.

If you've read the other reviews you know what this book is about. Just wanted to confirm the positive aspects... this book has solved so many problems that I've become the vinegar guy among friends. I just can't help telling people how well it works for this or that, and have seen many converts. Yes I know it sounds ridiculous at first... until you try it. Worried about the smell...? It's no big deal and I'm very sensitive to smells. The vinegar smell goes away very, very quickly. Commercial products cost literally many-times the amount and contain all kinds of cheap perfumes. Who needs it? We get white vinegar at Sam's Club, 2 gallons for \$3.00. It's cleaned the skunk smell off my dogs, saved a beautiful vintage bathroom faucet that had lime scale that caused it to drip, cleans rust off metal and kills weeds in the driveway. I've used it with great success to clean the glass-top of our stove, with table salt as an abrasive. The book is a great way to get started. A couple of cautions: Be aware that mixing vinegar with chlorine bleach creates poisonous mustard gas. You CAN hurt yourself or your pets! Also, keep it away from electronic circuits... dampen a cloth to clean the appliance knobs, but NEVER let it get inside a device or you may lose the function of your equipment. I learned this the hard way.

You're paying for time. The time that you would use for researching vinegar and the uses online is cut drastically. This book has several different uses for vinegar. I think what bothered me the most is that the author said she doesn't know if everything in the book works or not. I thought that was a little weird. The information tends to repeat itself as well. Overall, helpful information.

This book will help us toss out expensive chemical products to achieve the same results with less harm to ourselves, our children and our environment. Use it liberally without fear. One thing, you can use a small amount of diluted vinegar as a rinse for washable silks. Silk is a protein, like your hair, both of which benefit from the acid to rebalance their ph.

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